

Ohio Heroes Athletics MLK Memorial

SUPER 7 TOURNAMENT

MONDAY January 19, 2026



Location: Barack Community Center, 580 Woodrow Ave, Columbus, OH 43207

MAXIMUM OF 300 WRESTLERS

<u>SESSION 1 – WEIGH-IN 7:00 – 9:00 AM---WRESTLE AT 10:00 AM</u>

NOVICE D1: 2019-LATER

*****ALL D1 WRESTLE NOVICE*******

NOVICE D2: 2017-2018

NOVICE D3: 2015-2016

SEE NOVICE CRITERIA BELOW

NOVICE D4: 8/1/2012-2014

SESSION 2 – WEIGH-IN 7:00 – 11:00 AM---WRESTLE AT 12:00 PM

GIRLS OPEN 8U: 2017-LATER GIRLS OPEN 12U: 8/1/2012-2014

WEIGHT CLASSES WILL BE DETERMINED AFTER WEIGH-INS. NO WRESTLER WILL WRESTLE ANYONE MORE THAN 13%

BOYS OPEN D3: 2015-2016

HEAVIER WITHOUT PARENT OR COACH PERMISSION.

SESSION 3 – WEIGH-IN 7:00 – 1:00 PM---WRESTLE AT 2 PM

GIRLS OPEN 10U: 2015-2016

WEIGHT CLASSES WILL BE DETERMINED AFTER WEIGH-INS. NO WRESTLER WILL WRESTLE ANYONE MORE THAN 13%

BOYS OPEN D2: 2017-2018

HEAVIER WITHOUT PARENT OR COACH PERMISSION

BOYS OPEN D4: 8/1/2012-2014

NOVICE CRITERIA:

1) All D1 (6U) wrestlers are eligible for novice.

2) 3 years or less of wrestling. Can compete in 3rd year of OAC events. Years do not have to be consecutive. 3) Has not participated in OAC, WVYWA, PJW, KFWC, ISWA, MYWAY, ISWA state (Division 1 6U does not count) 4) Has not placed 1st or 2nd at Novice State

Awards: GIRLS & OPEN: CHAMPIONS = MLK COMMEMORATIVE COIN. 2nd-4th receive custom medals.

NOVICE: CHAMPIONS = 12" MLK TROPHY. 2nd- 4th receive custom medals.

Registration:

Register Online at http://register.ohioathletics.com Separate Entry Fee for NOVICE, GIRLS OPEN, BOYS OPEN.

- --Early Bird PreRegister Online by FRIDAY 10/24 at 7:00 pm = \$35 (**guaranteed to get into tourney**)
- --Preregister Online by SATURDAY 10/25 at 7:00 pm = \$40
- --Walkin Registration (if available) = \$40

Admission: \$10 Adult (13 & Older), Kids 12 & Under = FREE

Contact Information: Ric Roe: ricroe7408911970@gmail.com, Phone/Text: 740-891-1970

Tournament updates, brackets, results will be posted here: https://aplustournaments.square.site/

BA SUPER 7 TOURNAMENT INFO:

10/26 Halloween Havoc — 11/8 Victory for Vets — 12/24 Christmas Clash — 12/26 Pin Cancer 1/1 New Year's Belt Brawl — 1/19 MLK Memorial — 2/15 Presidents Day Pinfalls

Any wrestler that wins a Championship in at least 5 of these 7 tournaments will receive a 12" plaque. Any wrestler that wins all 7 will also win a singlet, fight shorts, and compression shirt from Barbarian Apparel.

